



NEW MEAL PRICES

Lunch \$2.15
 Reduced Lunch \$.40
 Milk \$.50
 Adult Lunch \$3.25

Troy Intermediate School 3rd-6th Grade Lunch Menu August/September 2015



Monday	Tuesday	Wednesday	Thursday	Friday
WG=Whole Grain 	We offer Skim, 1% White and Fat Free Flavored Milk with every meal.	8/26 WG Chicken Nuggets Mashed Potatoes Green Beans Sliced Peaches Wheat Roll	8/27 Cheeseburger on Whole Grain Bun Shred Lettuce & Tomato Steamed Corn Fresh Baby Carrots Apple Juice	8/28 WG Cheese Pizza Steamed Broccoli Celery Sticks Cinnamon Applesauce
8/31 WG Chicken Strips Baked Fries Green Beans Cantaloupe Wheat Bread	9/1 Beef Hotdog on WG Bun Baked Beans Celery Sticks Pineapple Tidbits	9/2 WG Spaghetti WG Rip Stick Steamed Broccoli Baby Carrots Mandarin Oranges	9/3 WG Toasted Cheese WG Crackers Tomato Soup Cucumber Coins Crisp Apple	9/4 WG Cheese Pizza Mixed Greens Salad with Garbanzo Beans Steamed Cauliflower Applesauce
7 Labor Day No School 	8 Diced Chicken & Gravy Mashed Potatoes Steamed Peas Cranberry Sauce Diced Peaches Wheat Bread	9 Hamburger on WG Bun Potato Wedges Corn on Cob Chilled Pear Cup	10 WG Corn Dog Nuggets Baked Beans Baby Carrots Watermelon Wedge Wheat Roll	11 WG Cheese Pizza Mixed Green Salad Garbanzo Beans Applesauce Cup
14 WG Chicken Patty /Bun Garlic WG Pasta Crisp Broccoli Baked Sweet Potatoes Mixed Fruit Cup	15 "Brunch" Sausage & Cheese Sandwich Potato Rounds Baby Carrots Orange Juice	16 "Mashed Potato Bowl" WG Popcorn Chicken & Gravy/Mashed Potatoes Steamed Corn WG Roll Pineapple Tidbits	17 Hotdog on WG Bun Baked Beans Glazed Carrots Pickle Relish Diced Peaches	18 WG Cheese Pizza Green Beans Celery Sticks Diced Pears
21 Spaghetti with Meat Sauce WG Rip stick Green Beans Celery Sticks Baked Apples	22 Deluxe Cheeseburger Shred Lettuce & Tomato Baked Beans Baby Carrots & Dip Diced Pears	23 WG Beef Taco Nachos with Zesty Salsa Garden Side Salad Steamed Broccoli Apricots	24 Turkey & Cheese Sub With Shredded Lettuce & Sliced Tomatoes Baked Fries Banana	25 WG Cheese Pizza Mixed Green Salad with Garbanzo Beans Pineapple
28 WG Chicken Nuggets Mashed Potatoes Green Beans Cantaloupe Wheat Bread	29 Beef Hotdog on WG Bun Baked Beans Celery Sticks Orange Wedges	30 Sloppy Joe on WG Bun Baked Fries Steamed Broccoli Mandarin Oranges		



Welcome Back to School

DAILY MENU CHOICES

These choices are available everyday
 in addition to the regular menu.
 At the Intermediate level, students must
 choose during Lunch Line what choice
 they would like

**A lunch (regular menu)
 Or Chef Salad Platter or Yogurt Platter
 Intermediate Lunch \$2.15**

**Reduced Lunch \$.40
 Milk \$.50**

**All Fruits & Vegetables equal
 1/2 Cup Serving Sizes**



**If your child forgets their lunch
 money they will be allowed to charge up to \$10. When
 their account reaches this limit you will receive an auto-
 mated phone message. For questions, please call my
 office at 1-570-297-1618. Thank you.*

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